

# AD(H)D Just Doesn't Add Up!



Many signs of AD(H)D are similar to those for vision deficits.

Here are some indicators that point to vision:

- Attention span becomes shorter during close-up work
- Restless when facing work that requires prolonged near vision
- Disturbs others when class work involves reading or writing
- Concentrates well on video games, but not on reading, writing or mathematics
- Seems compelled to touch everything
- Bumps into things, trips or falls instead of stepping over, around steps, carpet edges or objects
- Hates to read, but likes being read to by others
- Takes medication, but still has problem concentrating whenever near vision work is required

## *You are invited to attend a special vision workshop*

Many doctors, educators and parents express growing concern at the increasing number of young people who are being put on medications for Attention Deficit Disorder, often diagnosed only by vague symptoms.

This more common in the United States, but the movement to apply drugs to hard to handle children with short attention spans is growing world-wide.

### *Featuring Dr. Monika Spokas, Developmental Optometrists*

In this workshop, you'll learn current facts and how to assess for and distinguish visual problems that mimic or complicate AD(H)D.

#### *Where:*

**La Grange Public Library  
10 W. Cossitt Ave, La Grange**

#### *Date & Time:*

**Tuesday, January 23rd, 2018  
7:00—8:00 p.m.**

#### *RSVP:*

**Betsy Elman**

**630-323-7300 or [betsy@clarendonvision.com](mailto:betsy@clarendonvision.com)**

***This event is free and open to the public!***